

A Note from Our DevaTree 200-Hr Summer Immersion Online Teaching Team

Namaste!

We're excited to share our upcoming 200-hr Yoga Teacher Training with you and honoured to welcome you to the DevaTree family! YTT is the journey of a lifetime—one you will never forget.

If you're anything like us (and your future students), you need yoga and community now more than ever. We've been doing everything we can to offer an in-person training option; however, the unpredictable and ever-changing nature of in-person guidelines is creating much complexity in bringing that option to life. The way things have been shifting, we have no way to predict what restrictions will be in place at the time and for the duration of training and it could require us to move online with very little notice. After thoughtful consideration, to minimize uncertainty for everyone, we feel it is best to commit to a fully online format for the entire training. It will also support those who feel safest minimizing social contact. We acknowledge the disappointment some of you may be feeling if you were looking forward to being in person and share that feeling with you.

The entire yoga community is adapting and we are supported in our decision to move online. Yoga Alliance International has extended their online teaching exemption for the duration of 2021, allowing already Registered Yoga Schools to conduct teacher trainings online within the parameters of the existing Yoga Alliance standards.

In terms of how that looks, all training weekends will take place via live online classes (synchronous learning) with some learning occurring asynchronously (personal reflection, self-study, and pre-recorded videos). Now that we've had months of experience with this format, we've learned from previous students who have either shifted partway, or completed full trainings online. We structure the schedule into bite-size lessons that help prevent Zoom fatigue. Our teaching team has found innovative and fun ways to bring the online training to life so you can be confident you'll get the tools and techniques you need to teach yoga safely and with excellence. Folks are learning as expected, enjoying their time together (both in class and in "student lounge" breakout rooms), as well as finding these weekends helpful for easing overall stress and anxiety.

If you're new to online learning, we've got your back! Our sessions will take place over the video-conference platform Zoom, which does not require any special software or subscription. You'll simply get an email invitation, click the link, and meet your new yoga circle. If you've ever used Skype for a video call, your computer has everything it needs already. Anyone who does not have access to a computer or laptop with a video camera, we can brainstorm with you to help you find ideas and solutions. Anyone who does not have a space to practice, we can also brainstorm with you on that front.

We will guide you via email with information about preparing for online yoga education. We'll be dropping off your training manual or sending it to you via courier. Let us know when you apply if your address is different than listed on your application, or if you have any special delivery instructions.

In this time of constant change, one thing we're grateful for is the grounding, strength, and calm we get from being on our mat. No matter what the format, it's more important now than ever, to be together and spread the goodness of yoga! Thank you for understanding and being flexible as we ride the waves of uncertainty.

If restrictions lift later on, those who wish to organize in-person connection or practice time with other students can do so (which we will support in any way we can).

Please feel free to reach out to Catherine, our Program Director at (519) 925-8594 or terrakulaconnect@gmail.com with any questions or concerns.

Namaste,

Your DevaTree Summer Immersion Teaching Team,

Catherine (Satya), Lisa (Santosha), Stuart (Moksha) & Jenn (Riya)